




# SEPTEMBER 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MILK: White 1% or Skim Chocolate 1% Strawberry Fat Free</p> <p><b>**Lunch Options**</b> 1. Main Entrée or 2. PBJ Sandwich/ Cheese Stick or 3. Yogurt, Muffin, &amp; Cheese Stick</p> <p><b>###September 6<sup>th</sup> Salad Bar for 5-8, Teachers &amp; Staff Sign Up is Required</b></p> <p>Student Lunch \$2.75 Adult Lunch \$3.00 Extra Main Entrée \$1.00 Extra Milk 40 cents Snacks 50 cents</p> <p>Reduced Fat Dressing with salads and Fresh vegetables</p> <p><b>Menu Subject to Change Without notice</b></p>  <p>Choose <b>MyPlate.gov</b></p>	<p>2</p> <p><b>LABOR DAY NO SCHOOL</b></p>	<p>3 <b>1,3</b></p> <p>Hamburger on Bun Cheese / Tomato Pickles Oven Potatoes Peaches</p>	<p>4 <b>1,2,4,5</b></p> <p>Chicken Fries Corn Cole Slaw Fruit Mix Goldfish Crackers</p>	<p>5</p> <p>Nachos/Cheese Beef / Chips / Cheese Green Beans Carrots / Dip Pineapple</p>	<p>6 <b>### 1,2,9</b></p> <p>Pulled Pork on Bun Salad / Cheese Tomato Pears</p>
	<p>9 <b>1,3</b></p> <p>Pork Tenderloin on Bun Tomato / Pickles Oven Potatoes Grapes</p>	<p>10 <b>1,2,4,5</b></p> <p>Chicken Nuggets Roll Mashed Potatoes Cucumbers / Dip Gravy Fruit Mix</p>	<p>11</p> <p>Cheese Pizza Corn Broccoli/Dip Peaches Cookie</p>	<p>12 <b>1,3</b></p> <p>French Toast Sticks Sausage Links Cheesy Potatoes Blueberries</p>	<p>13</p> <p>Cheese Ravioli Sauce / Bread Stick Fresh Veggies / Dip Green Beans Applesauce</p>
	<p>16 <b>6</b></p> <p>Walking Taco Meat / Cheese / Lettuce Tomato Doritos or Fritos Corn Pineapple</p>	<p>17 <b>1,2,4,5</b></p> <p>Chicken Strips Cooked Carrots Celery / Dip Applesauce Graham Crackers</p>	<p>18</p> <p>Hot Dog on Bun Baked Beans Carrots / Dip Pears</p>	<p>19</p> <p>Bosco Stick Marinara Sauce Salad / Tomato Fruit Mix</p>	<p>20 <b>Lunch on the Run</b></p> <p>Ham or Turkey Sub Carrots / Celery / Dip Fresh Fruit Chips Cookie</p>
	<p>23 <b>8</b></p> <p>Chicken &amp; Noodles Roll Green Beans Broccoli / Dip Cherry Crisp Fruit</p>	<p>24</p> <p>Cheese Quesadilla Corn Salsa / Chips Pineapple</p>	<p>25</p> <p>Beefy Macaroni Cornbread Mixed Capri Vegetables Pears</p>	<p>26 <b>1,2,7</b></p> <p>Grilled Chicken on Bun Peas Carrots / Dip Peaches</p>	<p>27 <b>8</b></p> <p>Country Fried Steak Biscuit Mashed Potatoes Country Gravy Fresh Veggies / Dip Fruit Mix</p>
	<p>30</p> <p>Chicken Taco Hard or Soft Shell Lettuce / Tomato Cheese / Sour Cream Corn Pineapple</p>			<p>1Ketchup 7 Mayo 2BBQ 8 Margarine 3Mustard 9 Dressings 4Honey pkt 10 Parm Cheese 5 Honey Mustard 6 Taco Sauce</p>	