




SEPTEMBER 2019

Breakfast

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|---|--|
| <p>White Milk 1% & Skim FFChocolate</p> <p>Students must take 3 out of 4 food items which must include a serving of fruit or juice.</p> <p>Asst Cereal each day along with choices of grains and fruit/ fruit juice Includes 1 milk</p> <p>Student Breakfast \$1.50 Adult Breakfast \$1.50 Reduced 30 cents</p> <p>Breakfast served each Morning 7:20-7:50AM</p>  <p>Menu subject to change Without notice</p> | <p>2</p> <p>LABOR DAY NO SHCOOL</p> | <p>3</p> <p>Cereal Poptarts Juice/Fruit Milk</p> | <p>4</p> <p>Cereal Pancakes Juice/Fruit Milk</p> | <p>5</p> <p>Cereal Donuts Juice/Fruit Milk</p> | <p>6</p> <p>Cereal Muffin Juice/Fruit Milk</p> |
| | <p>9</p> <p>Cereal Yogurt Juice/Fruit Milk</p> | <p>10</p> <p>Cereal Waffles Juice/Fruit Milk</p> | <p>11</p> <p>Cereal Cheese Cubes Juice/Fruit Milk</p> | <p>12</p> <p>Cereal Egg/Cheese Bosco Juice/Fruit Milk</p> | <p>13</p> <p>Cereal Granola Bar Juice/Fruit Milk</p> |
| | <p>16</p> <p>Cereal Apple Delights Juice/Fruit Milk</p> | <p>17</p> <p>Cereal Donut Holes Juice/Fruit Milk</p> | <p>18</p> <p>Cereal French Toast Sticks Juice/Fruit Milk</p> | <p>19</p> <p>Cereal Poptarts Juice/Fruit Milk</p> | <p>20</p> <p>Cereal Pancakes Juice/Fruit Milk</p> |
| | <p>23</p> <p>Cereal Granola Bar Juice/Fruit Milk</p> | <p>24</p> <p>Cereal Breakfast Burrito Juice/Fruit Milk</p> | <p>25</p> <p>Cereal Cheese Sticks Juice/Fruit Milk</p> | <p>26</p> <p>Cereal Waffles Juice/Fruit Milk</p> | <p>27</p> <p>Cereal Yogurt Juice/Fruit Milk</p> |
| | <p>30</p> <p>Cereal Cottage Cheese Juice/Fruit Milk</p> | | | | |
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