


OCTOBER 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">MILK White 1% or Skim Chocolate Fat Free</p> <p style="text-align: center;">**Lunch Options**</p> <p>1. Main Entrée or 2. PBJ Sandwich or 3. Yogurt, muffin top, grahams, & cheese stick</p> <p>Student Lunch \$2.50 Adult Lunch \$3.00 Extra Main Entrée \$1.00 Extra Milk 35 cents Snacks 50 cents</p> <p>Reduced Fat Dressing with salads and Fresh vegetables</p> <p>Menu Subject to Change Without notice</p> 	<p>1 Breaded Chicken on Bun Tomato 1,3,7 Corn on the Cob Cucumber/dip Peaches</p>	<p>2 Spaghetti/meatsauce Garlic Breadstick Green Beans Pears Parm Cheese</p>	<p>3 Cheese Bosco Sticks Marinara Sauce Romaine Lettuce Salad Cheese Tomato Fruit Mix</p>	<p>4 Lunch on the Run Ham/Turkey/Cheese Sub 3,7 Sunchips Carrots/celery/dip Apple Slices Cookie</p>	<p>5 TEACHERS INSTITUTE NO SCHOOL</p>
	<p>8 COLUMBUS DAY NO SCHOOL</p>	<p>9 1,2,4,5,8 Chicken Drumsticks Pumpkin Muffin Mashed Potatoes Green Pepper/dip Fruit Mix</p>	<p>10 Beefy Macaroni Cornbread Green Beans Pears Parm Cheese Broccoli/dip</p>	<p>11 Tacos/soft or hard shell Meat/cheese 6 Tomato Corn Pineapple</p>	<p>12 Tomato Soup/crackers Grilled Cheese or PBJ Sandwich Carrots/celery/dip Grapes</p>
	<p>15 Tenderloin on Bun Coleslaw 1,3 Cooked Carrots Apricot Cup</p>	<p>16 English Muffin Egg, sausage, cheese Hashbrowns Blueberries Orange Juice</p>	<p>17 Mini Corn Dogs 1,3 Macaroni & Cheese Green Beans Broccoli/dip Pears</p>	<p>18 Cheese Pizza Romaine Salad Tomato Fruit Mix Jell-o Cookie</p>	<p>19 Chicken Strips 1,2,4,5,8 Baked Potato Green Peppers/dip Peaches Pretzels</p>
	<p>22 Hamburger on Bun 1,3 Tomato/cheese Cucumbers/dip French Fries Peaches</p>	<p>23 Cheese Quesadilla Tortilla chips/salsa Romaine Lettuce Salad Pineapple</p>	<p>24 Hot Dog on Bun 1,3 Baked Beans Carrots/dip Pears Goldfish Crackers</p>	<p>25 TEACHERS CONFERENCES ½ DAY-NO LUNCH</p>	<p>26 TEACHERS CONFERENCES NO SCHOOL</p>
	<p>29 Chicken Fryz 1,2,3,4,5 Peas Broccoli Salad Peaches</p>	<p>30 Walking Taco 6 Doritos/Fritos Meat/cheese Lettuce/tomato Corn Pineapple Sour Cream</p>	<p>31 HALLOWEEN Pizza Romaine Lettuce Salad Cucumber/dip Sidekick</p>		<p>1Ketchup 7 Mayo 2BBQ 8 Margarine 3Mustard 4Honey packet 5 Honey Mustard 6 Taco Sauce</p>