




OCTOBER 2019 Breakfast

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>White Milk 1% & Skim FFChocolate</p> <p>Students must take 3 out of 4 food items which must include a serving of fruit or juice.</p> <p>Asst Cereal each day along with choices of grains and fruit/fruit juice Includes 1 milk</p> <p>Student Breakfast \$1.50 Adult Breakfast \$1.50 Reduced 30 cents</p> <p>Breakfast served each Morning 7:20-7:50AM</p>  <p>Menu subject to change Without notice</p>		<p>1 Cereal French Toast Sticks Juice/Fruit Milk</p>	<p>2 Cereal Poptarts Juice/Fruit Milk</p>	<p>3 Cereal Muffin Juice/Fruit Milk</p>	<p>4 Cereal Apple Delight Juice/Fruit Milk</p>	
		<p>7 Cereal Waffles Juice/Fruit Milk</p>	<p>8 Cereal Granola Bars Juice/Fruit Milk</p>	<p>9 Cereal Egg/Cheese Bosco Juice/Fruit Milk</p>	<p>10 Cereal Yogurt Juice/Fruit Milk</p>	<p>11 Cereal Minni Cinnis Juice/Fruit Milk</p>
		<p>14 COLUMBUS DAY NO SCHOOL</p>	<p>15 Cereal Pancakes Juice/Fruit Milk</p>	<p>16 Cereal Donuts Juice/Fruit Milk</p>	<p>17 Cereal Breakfast Burrito Juice/Fruit Milk</p>	<p>18 Cereal Cheese Stick Juice/Fruit Milk</p>
		<p>21 Cereal Cottage Cheese Juice/Fruit Milk</p>	<p>22 Cereal Muffin Juice/Fruit Milk</p>	<p>23 Cereal Poptarts Juice/Fruit Milk</p>	<p>24 Cereal French Toast Sticks Juice/Fruit Milk</p>	<p>25 NO SCHOOL PARENT/TEACHER CONFERENCE</p>
		<p>28 Cereal Apple Delight Juice/Fruit Milk</p>	<p>29 Cereal Yogurt Juice/Fruit Milk</p>	<p>30 Cereal Waffles Juice/Fruit Milk</p>	<p>31 Cereal Donut Holes Juice/Fruit Milk</p>	