NOVEMBER 2016 BREAKFAST MENU

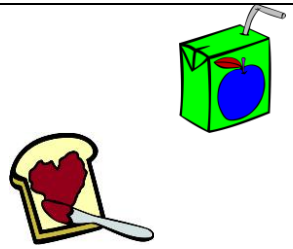
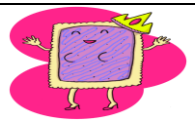
White Milk 1% & Skim
FFChocolate

Students must take 3 out of 4 food items which must include a serving of fruit or juice.

Asst Cereal each day along with choices of grains and fruit/ fruit juice
Includes 1 milk

Student Breakfast $1.50
Adult Breakfast $1.50
Reduced 30 cents

****New Item**

Breakfast served each Morning 7:20-7:50AM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Cereal Waffles Juice/Fruit Milk	2 Cereal Bagel/cream cheese Juice/Fruit Milk	3 Cereal Poptart Juice/Fruit Milk	4 Cereal Apple Delite Juice/Fruit Milk
7 Cereal Yogurt Juice/Fruit Milk	8 Cereal Toast Juice/Fruit Milk	9 Cereal Muffin Juice/Fruit Milk	10 Cereal Pancakes Juice/Fruit Milk	11 **VETERANS DAY** **NO SCHOOL**
14 Cereal Poptart Juice/Fruit Milk	15 Cereal Biscuit/gravy** Juice/Fruit Milk	16 Cereal Apple Delite Juice/Fruit Milk	17 Cereal Waffles Juice/Fruit Milk	18 Cereal Toast Juice/Fruit Milk
21 Cereal Yogurt Juice/Fruit Milk	22 Cereal Pancakes Juice/Fruit Milk	23 **THANKSGIVING BREAK** **NO SCHOOL**	24 **THANKSGIVING DAY** **NO SCHOOL**	25 **THANKSGIVING BREAK** **NO SCHOOL**
28 Cereal Muffin Juice/Fruit Milk	29 Cereal Waffles Juice/Fruit Milk	30 Cereal Biscuit/gravy** Juice/Fruit Milk