



**NOVEMBER 2019**

**Breakfast**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>White Milk 1% &amp; Skim FFChocolate</b></p> <p><b>Students must take 3 out of 4 food items which must include a serving of fruit or juice.</b></p> <p><b>Asst Cereal each day along with choices of grains and fruit/fruit juice</b> Includes 1 milk</p> <p><b>Student Breakfast \$1.50</b> <b>Adult Breakfast \$1.50</b> <b>Reduced 30 cents</b></p> <p><b>Breakfast served each Morning 7:20-7:50AM</b></p>  <p><b>Menu subject to change Without notice</b></p>					1 <b>TEACHER INSTITUTE DAY NO SCHOOL</b>
	4 Cereal Granola Bars Juice/Fruit Milk	5 Cereal Pancakes Juice/Fruit Milk	6 Cereal Donuts Juice/Fruit Milk	7 Cereal Cinnamon Toast Crunch Bar Juice/Fruit Milk	8 Cereal Cinni Minis Juice/Fruit Milk
	11 <b>VETERAN'S DAY NO SCHOOL</b>	12 Cereal Poptarts Juice/Fruit Milk	13 Cereal Egg/Cheese/Bosco Juice/Fruit Milk	14 Cereal Muffin Juice/Fruit Milk	15 Cereal Cheese Stick Juice/Fruit Milk
	18 Cereal Waffles Juice/Fruit Milk	19 Cereal Cottage Cheese Juice/Fruit Milk	20 Cereal French Toast Sticks Juice/Fruit Milk	21 Cereal Donut Holes Juice/Fruit Milk	22 Cereal Yogurt Juice/Fruit Milk
	25 Cereal Granola Bars Juice/Fruit Milk	26 Cereal Pancakes Juice/Fruit Milk	27 <b>THANKSGIVING BREAK NO SCHOL</b>	28  <b>NO SCHOOL</b>	29 <b>THANKSGIVING BREAK NO SCHOOL</b>