



# JANUARY 2023 BREAKFAST MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Milk: White 1% Chocolate 1%</p> <p>Students must take 3 out of 4 food items which must include a serving of fruit or juice.</p> <p>Asst Cereal each day along with choices of grains and fruit or fruit juice, Includes 1 milk</p> <p>Student Breakfast \$1.50</p> <p>Adult Breakfast \$1.50 Reduced 30 cents</p> <div style="text-align: center;">  </div> <p>Menu subject to change Without notice</p>	2	3	4	5	6
			<b>TEACHER'S INSTITUTE DAY NO SCHOOL</b>		
	9	10	11	12	13
	Cereal Pop Tarts Juice/Fruit Milk	Cereal Oatmeal Bar Juice/Fruit Milk	Cereal Bagels / Cream Cheese Juice/Fruit Milk	Cereal Donuts Juice/Fruit Milk	Cereal Nutrigrain Bar Yogurt / Granola Juice/Fruit Milk
	16	17	18	19	20
	<b>MARTIN LUTHER KING DAY NO SCHOOL</b>	Cereal Cereal Bar Juice/Fruit Milk	Cereal French Toast Bars Juice/Fruit Milk	Cereal Apple Frudel Juice/Fruit Milk	Cereal Muffin Yogurt Juice/Fruit Milk
	23	24	25	26	27
	Cereal Pop Tarts Juice/Fruit Milk	Cereal Bagels / Cream Cheese Juice/Fruit Milk	Cereal Muffin Juice/Fruit Milk	Cereal French Toast Juice/Fruit Milk	Cereal Nutrigrain Bar Yogurt / Granola Juice/Fruit Milk
	30	31			
	Cereal Hney Bun Juice/Fruit Milk	Cereal Donuts Juice/Fruit Milk			