



DECEMBER 2022 BREAKFAST MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Milk: White 1% Chocolate 1%</p> <p>Students must take 3 out of 4 food items which must include a serving of fruit or juice.</p> <p>Asst Cereal each day along with choices of grains and fruit or fruit juice, Includes 1 milk</p> <p>Student Breakfast \$1.50</p> <p>Adult Breakfast \$1.50 Reduced 30 cents</p>  <p>Menu subject to change Without notice</p>				1 Cereal Donuts Juice/Fruit Milk	2 Cereal Nutrigrain Bar Yogurt / Granola Juice/Fruit Milk
	5 Cereal Cereal Bar Juice/Fruit Milk	6 Cereal Oatmeal Bars Juice/Fruit Milk	7 Cereal Apple Frudel Juice/Fruit Milk	8 Cereal Pop-Tarts Juice/Fruit Milk	9 Cereal Muffin Juice/Fruit Milk
	12 Cereal Honey Bun Juice/Fruit Milk	13 Cereal Bagel / Cream Cheese Juice/Fruit Milk	14 Cereal Donuts Juice/Fruit Milk	15 Cereal Oatmeal Bars Juice/Fruit Milk	16 Cereal Nutrigrain Bar Yogurt / Granola Juice/Fruit Milk
	19 Cereal Pop-Tarts Juice/Fruit Milk	20 Cereal Muffin Juice/Fruit Milk	21 NO SCHOOL CHRISTMAS BREAK	22 NO SCHOOL CHRISTMAS BREAK	23 NO SCHOOL CHRISTMAS BREAK
	26 NO SCHOOL CHRISTMAS BREAK	27 NO SCHOOL CHRISTMAS BREAK	28 NO SCHOOL CHRISTMAS BREAK	29 NO SCHOOL CHRISTMAS BREAK	30 NO SCHOOL CHRISTMAS BREAK Return January 5, 2023