



NOVEMBER 2023 BREAKFAST MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Milk: White 1% Chocolate 1%</p> <p>Students must take 3 out of 4 food items which must include a serving of fruit or juice.</p> <p>Asst Cereal each day along with choices of grains and fruit or fruit juice, Includes 1 milk</p> <p>Student Breakfast \$1.50</p> <p>Adult Breakfast \$1.50 Reduced 30 cents</p>  <p>Menu subject to change Without notice</p>			1 Cereal Pop-Tart Juice/Fruit Milk	2 Cereal Fruel Juice/Fruit Milk	3 Cereal Pancake Bowl Juice/Fruit Milk
	6 Cereal Cereal Bar Juice/Fruit Milk	7 Cereal Oatmeal Bar Juice/Fruit Milk	8 Cereal Bagel / Cream Cheese Juice/Fruit Milk	9 Cereal Donut Juice/Fruit Milk	10 Cereal Muffin Yogurt / Granola Juice/Fruit Milk
	13 Cereal Honey Bun Juice/Fruit Milk	14 Cereal Pop-Tart Juice/Fruit Milk	15 Cereal Cereal Bar Juice/Fruit Milk	16 Cereal Fruel Juice/Fruit Milk	17 Cereal Nutrigrain Bar Yogurt / Granola Juice/Fruit Milk
	20 Cereal Muffin Juice/Fruit Milk	21 Cereal Donut Juice/Fruit Milk	22 NO SCHOOL THANKSGIVING BREAK	23 HAPPY THANKSGIVING 	24 NO SCHOOL THANKSGIVING BREAK
	27 Cereal Cereal Bar Juice/Fruit Milk	28 Cereal Bagel / Cream Cheese Juice/Fruit Milk	29 Cereal Oatmeal Bar Juice/Fruit Milk	30 Cereal Honey Bun Juice/Fruit Milk	